

## 2020/21 Impact Summary

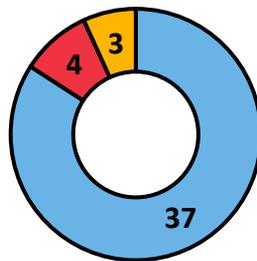
The Pathway to Podium initiative has been designed to recognise and encourage schools' contribution to Physical Education, school sport and physical activity (PESSPA).

### Overview

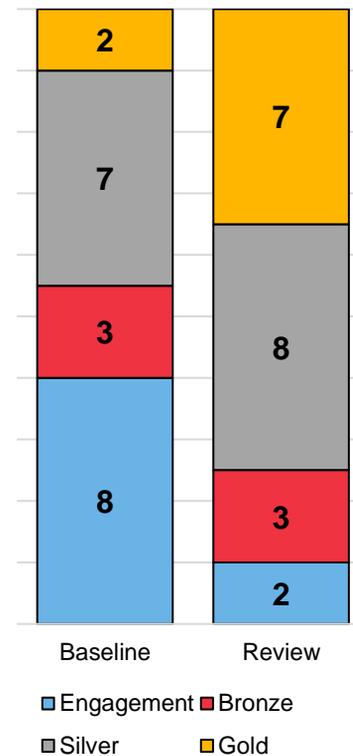
- 44 schools took part in Pathway to Podium and ended the year with the following awards<sup>1</sup>
  - **12 Gold**
  - **17 Silver**
  - **5 Bronze**
  - **10 Engagement**
- 20 schools were reviewed, completing a second self-assessment during the year
  - **100% improved their scores**
  - Average improvement of 13%
  - Improvement ranged from 5% to 33%

### Number of each school type involved in Pathway to Podium

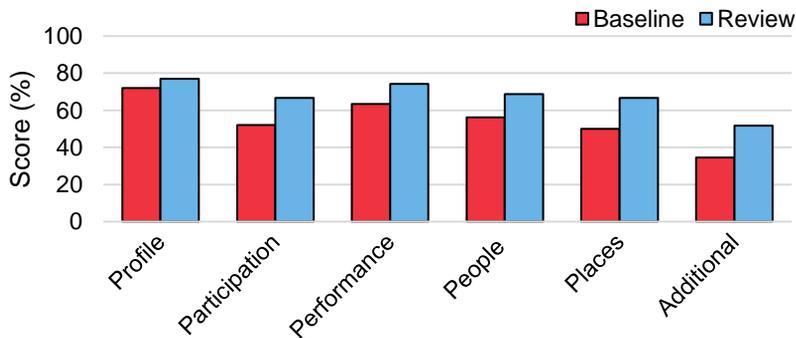
- Primary
- Secondary
- All-through



### Awards to the 20 schools that were reviewed



### Average score by section<sup>2</sup> of the 20 schools that were reviewed



### Key Quotes

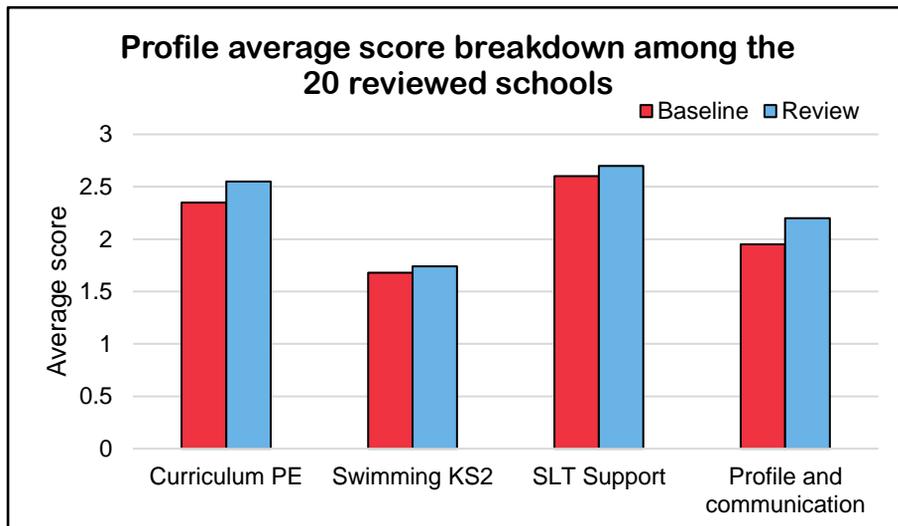
- “it enabled the whole school to make sure that health and wellbeing and PE are really at the heart of the curriculum.” – *Lead Practitioner Health and Well-Being, Clifton Primary School*
- “I would have never embarked on this inclusive pathways dream had it not been for that [pathway to podium]” – *PE Lead, Dame Ellen Pinsent School*
- “we are looking to revisit this early on in the next academic year so we can talk and share what we have done since the last meeting and kick on with what we want to do next” - *Deputy Head Teacher, Woodthorpe Junior and Infant School*

## Profile

Average profile baseline score: 74%

Schools that were reviewed had a profile baseline score of 72% and a review score of 77%.

**Average improvement: 5%**

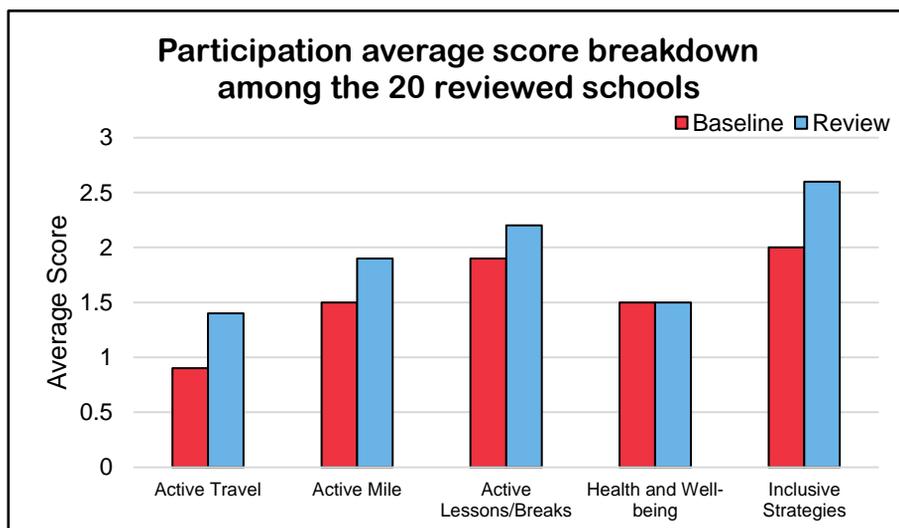


**Areas of strength**– ‘Curriculum PE’ and ‘SLT Support’ received high average scores with 2.5 and 2.6 respectively

**Areas for development** – ‘KS2 Swimming’ had an average score of 1.7, covid restrictions were a key reason for this

**Most common action point** – Improve ‘profile and communication’ through the inclusion of PESSPA within SDP which saw an average score improvement of 0.25

## Participation



Average participation baseline score: 54%

Schools that were reviewed had a participation baseline score of 52% and a review score of 67%.

**Average improvement: 15%**

**Areas of strength**– ‘Inclusive strategies’ received a high average baseline score of 2.2

**Areas for development** – ‘Active travel’ had an average baseline score of 1.0

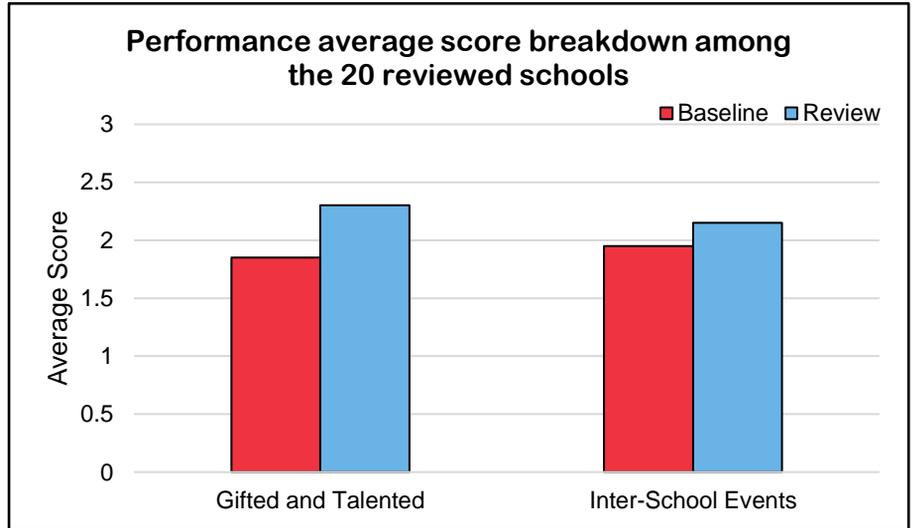
**Most common action point** - Improve ‘active transport’ through the use of Modeshift Stars which saw an average improvement of 0.6 in the reviewed schools

## Performance

Average performance baseline score: 67%

Schools that were reviewed had a performance baseline score of 63% and a review score of 74%.

**Average improvement: 11%**

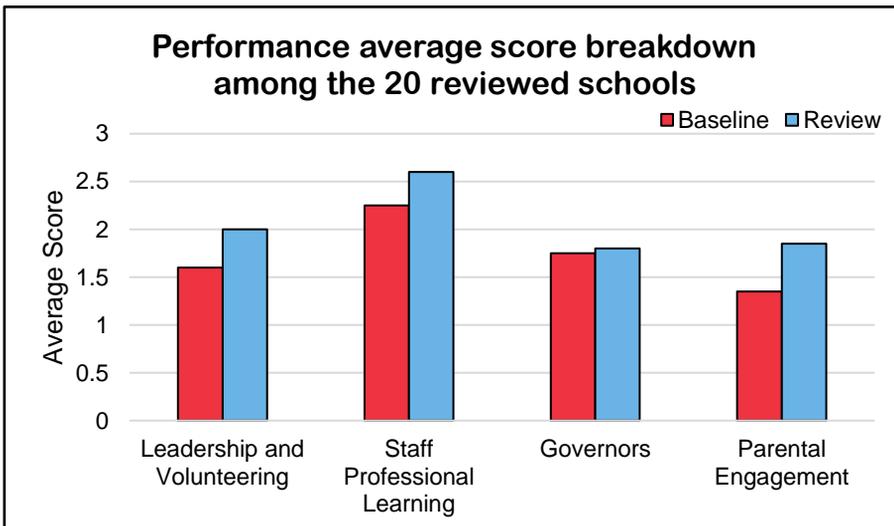


**Areas of strength**– ‘Inter-school events’ received a high average score of 2.1

**Areas for development** – ‘Gifted and Talented’ had an average score of 1.9

**Most common action point** - Improve ‘inter-school events’ by registering for School Games virtual events. This saw an average improvement of 0.2 in reviewed schools

## People



Average participation baseline score: 57%

Schools that were reviewed had a participation baseline score of 56% and a review score of 69%.

**Average improvement: 13%**

**Areas of strength**– ‘Staff professional learning’ received a high average baseline score of 2.1

**Areas for development** – ‘Parental engagement’ had an average baseline score of 1.4

**Most common action point** - Improve ‘governors’ through the appointment of a link governor for PESSP which saw an average improvement of 0.1 in the reviewed schools

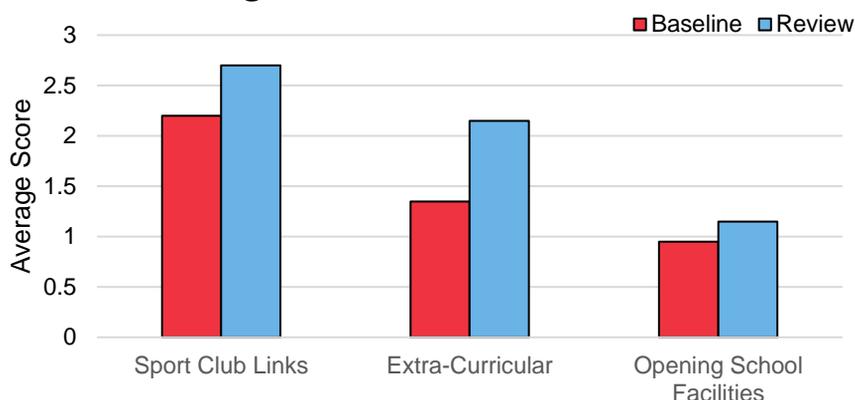
## Places

Average places  
baseline score: 43%

Schools that were  
reviewed had a places  
baseline score of 50%  
and a review score of  
67%.

**Average improvement:  
17%**

**Places average score breakdown  
among the 20 reviewed schools**



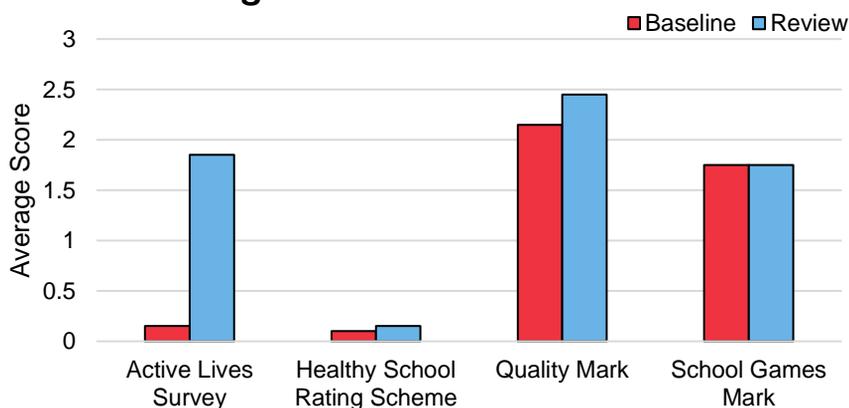
**Areas of strength**– ‘Sport club links’ received a high average baseline score of 2.2

**Areas for development** – ‘Opening school facilities’ had an average baseline score of 1.2

**Most common action point** - Improve ‘sport club links’ which saw an average improvement of 0.5 in reviewed schools

## Additional

**Additional average score breakdown  
among the 20 reviewed schools**



Average additional  
baseline score: 38%

Schools that were  
reviewed had a  
participation baseline  
score of 35% and a  
review score of 52%.

**Average improvement:  
17%**

**Areas of strength**– ‘Quality mark’ received a high average baseline score of 2.3

**Areas for development** – ‘Active lives survey’ had an average baseline score of 0.4, the lowest average score across all the sections

**Most common action point** - Improve ‘active lives survey’ by completing the survey. This saw an average improvement of 1.7 in the reviewed schools

# Impact Stories

## Active breaks at Dame Ellen Pinsent School

Dame Ellen Pinsent School is a Primary Special School located in South Birmingham that educates children with significant cognition and learning difficulties. They completed the P2P evaluation in Spring 2021. They have identified that more complex children are least active within the school, they disengage quickly with PE lessons, do not access games and equipment on the playground during playtimes and are usually the children lounging on a bench or standing still. Around 20% of the school intake have more complex needs meaning this is an important priority for the coming years at Dame Ellen.

**Action:** To increase the opportunities for all pupils to be active at break times and create a fully inclusive curriculum.

**Impact:**

- An increased number of pupils will be physically active at break time.
- All children will access and engage with a fully inclusive curriculum.

**“I would have never embarked on this inclusive pathways dream had it not been for that [pathway to podium]” – PE Lead**

## The Daily Mile at Hillstone School

Hillstone School is a primary school in East Birmingham. They completed their initial P2P evaluation in Autumn 2020 and a second evaluation in Summer 2021

**Action:** To introduce The Daily Mile into the school

**Impact:**

- 360 pupils now participate in the Daily Mile 3 times per week
- Noticeable improvement in behaviour and concentration levels among pupils in the afternoon

**“the Daily Mile has been fantastic, the children love it and it helps to improve their fitness, it gives them a good attitude, we do it in the afternoon and it enables them to keep going for the rest of the day” – Head Teacher**

## Opening School Facilities at King Edward V1 Aston School

King Edward’s Aston is a boys grammar school that completed an initial P2P evaluation in Autumn 2020 and then a second evaluation in Spring 2021. The school has a number of high quality sports facilities that tended to only get used for the pupils during PE lessons.

**Action:** To open the outdoor sports facilities and work with Warwickshire Cricket Club to run after school cricket sessions for pupils at the school and other schools in the area

**Impact:**

- 14 sessions running twice per week (Monday and Thursday) during the summer term
- Over this period there were 427 participations from young people in the Aston area, with numbers increasing from week to week

**“its about trying to create a pathway through cricket but it does come back to the P2P form getting us to think about how we can open our facilities up” – Sports Partnership Manager**

# Impact Stories

## Active Travel at Colmore Primary School

Colmore is a primary school in Kings Heath that completed P2P in Spring 2021.

**Action:** To increase the promotion of active travel through bikeability and raising parental awareness of local schemes on cycling and walking to school

**Impact:**

- Increased number of pupils in school who used bikes and scooters to travel to school
- Increased parental awareness of the importance of active travel

**“it [pathway to podium] was good because we knew there were some areas we were doing well at and it helped to highlight those areas that we needed to focus more on. It was very supportive and quite easy process that helped us target certain things within school” – PE SLE**

## Increasing Physical Activity at Clifton Primary School

Clifton primary school is a school located in South Birmingham that completed their first P2P evaluation in Autumn 2020 and then a second evaluation in Spring 2021

**Action:** To raise the profile of physical activity and health and wellbeing across the whole school

**Impact:**

- Profile of PE and its impact on learning was raised across the whole school
- Increased parental awareness of the 60 minutes of daily activity target for pupils

**“It enabled the whole school to make sure that health and wellbeing and PE are really at the heart of the curriculum. It also focused the minds of the PE and teaching staff but also senior leaders and governors that were involved in all of the P2P meetings“ – Lead Practitioner Health and Well-Being**

## Opening School Facilities at Woodthorpe Junior and Infant School

Woodthorpe is a Junior and Infant school located in South Birmingham. They completed the P2P evaluation in Spring 2021. The school had never opened up its school facilities in the past.

**Action:** To open up the school facilities this summer for community use.

**Impact:**

- The school has been working in partnership with Premier Sport to open up the school facilities during the school summer holidays for a period of 4 weeks, forming part of the Holiday Activities and Food Programme (HAF)
- Currently have 35 free school meals eligible children signed up for the programme, with 21 not being students at Woodthorpe

**"It is fantastic to provide an opportunity for both pupils of Woodthorpe, and beyond, to come together in a positive way as we collectively navigate our way through the on-going recovery from the effects of the pandemic. As a school we've always placed Physical Education, School Sport and Physical Activity at the heart of what we do, so it's refreshing to see how we've managed to tap into the summer holidays to continue to offer structured provision at a time when some of our families need it the most."** - Deputy Head Teacher

## Aims for 2021/22

- To continue to work with partners to support schools to develop their PE, school sport and physical activity (PESSPA) offer via P2P
- To continue to link P2P and the Commonwealth Games 2022 (CG2022) as a tool to increase the opportunities for children and young people to be active for a minimum of 60 minutes every day
- To engage a wider number and cross section of schools from across Birmingham, with a focus on secondary schools
- To share good practice of the delivery and implementation of the P2P initiative amongst schools via webinars, case-studies and social media
- To ensure the continued development of the initiative to ensure it remains fit for purpose, complements existing school-related projects and demonstrates impact
- To continue to work in partnership with CG2022 to ensure complimentary activity and opportunities for wider incentives
- To develop a rewards package for schools with incentives and opportunities for professional learning
- To continue to investigate opportunities for funding and associated resources that would be of benefit for the continued development of the initiative

## Appendix

- 1) The awards are allocated based on the following scores:
  - Gold (>75%)
  - Silver (65 – 74%)
  - Bronze (50 – 64%)
  - Engagement (<50%)
- 2) To find out more about each of the sections and Pathway to Podium as a whole:  
<https://www.sportbirmingham.org/pathway-to-podium>

## Thank you

Thank you to all the partners who have supported the development and implementation of the Pathway to Podium initiative