



West Midlands  
**PE AND SCHOOL SPORT  
CONFERENCE 2019**

Putting physical education, school sport, physical activity  
and well-being at the heart of school life

Aimed at Primary Headteachers, SLT members,  
Governors and Primary PE Coordinators

**Friday 29<sup>th</sup>  
March 2019**

8.30am - 4pm

**Edgbaston Cricket Ground**

Birmingham B5 7QU



**EARLY  
BIRD OFFER**

**£65  
per person**

when booked before  
15th February 2019

Limited places available

Book online at [aspire-sports.co.uk/conference](http://aspire-sports.co.uk/conference)

# Conference Agenda

**08.30 – 09.00** Registration, networking and refreshments in the marketplace

**09.00 – 09.30** Welcome and introduction – Incorporating physical activity into the whole curriculum

**09.30 – 10.15 Keynote: 'A national update - Hitting the target, missing the point?'**

Sue Wilkinson MBE, CEO, Association for Physical Education

**10.15 – 10.30** Refreshments and marketplace

**10.30 – 11.30 Workshop Session 1** - Choose from:

- A Physically Active Learning - Impacting academic performance - PRACTICAL SESSION**  
Andrew Stanton (QTS / Maths Lead), Programme Development Manager, Aspire
- B Effective reporting of your PE and Sport Premium spend**  
Sue Wilkinson MBE, CEO, Association for Physical Education and Gina Wallis, Association for Physical Education
- C Apprenticeship training for workforce development and physical activity engagement**  
Karl Rogerson, Principal, Billesley Primary School

**11:40 – 12:40 Workshop Session 2** - Choose from:

- A Creating an active playground - PRACTICAL SESSION**  
James Morgan, Learning and Development Manager, Aspire
- B Strategies to improve and support mental health in your school**  
Steph Harris (QTS / SENCO Lead), Owner-Little Yogi
- C Apprenticeship training for workforce development and physical activity engagement**  
Karl Rogerson, Principal, Billesley Primary School

**12.40 – 13.35** Lunch, Marketplace and Networking

**13.35 – 13.50 Practical activity – Bhangra activity**

**14.00 – 15.00 Workshop Session 3** - Choose from:

- A Effective techniques to enhance physical activity in the Early Years – PRACTICAL SESSION**  
Danielle Griffiths (QTS / Early Years Lead) Tutor Mentor, Aspire
- B Strategies to improve and support mental health in your school**  
Steph Harris (QTS / SENCO Lead), Owner-Little Yogi
- C Getting your whole school active! Meeting the Government's 30:30 requirements**  
Martine Verweij, International Athlete, Founder-Kids Run Free, Governor

**15.00 – 15.15** Refreshments and marketplace

**15.15 – 15.45 Defining 'effective use' of the PE and Sport Premium - School case studies**

**15.45 – 16.00** Summary and close